

QUICK FACTS: URINARY INCONTINENCE AND MANAGEMENT

Urinary incontinence (UI) is a condition that describes any involuntary leakage of urine. The condition is categorized according to its underlying cause. Urinary incontinence results from complications in either filling, storing, or emptying the bladder and some may suffer from a combination of these issues. [1]



Women have a greater prevalence of UI compared to men. [3] Studies estimate that **more than 50% of women** and **over 25% of men aged 65 or older** not living in care facilities report urinary leakage within the past year, with rates increasing with age. [4,5]

17 MILLION INDIVIDUALS

experience **Urinary Incontinence in the US alone**, making it extremely common.

[2]

AGING

While **age and rate** of UI are positively correlated, it is not part of the natural aging process.

[6]

References:

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6. Leaver, R. (2017). Assessing patients with urinary incontinence: the basics. *Journal Of Community Nursing*, 31(1), 40-46.

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