QUICK FACTS: HERNIAS

The word hernia means “something coming through.” It is defined as a protrusion of an organ or part (such as the intestine) through connective tissue or through a wall of the cavity (as of the abdomen) in which it is normally enclosed.

An estimated 1 in 4 men and 1 in 50 women will require surgery for an inguinal hernia during their lifetime. [1]

ABDOMINAL hernia repair is one of the most common routine surgical procedures worldwide. [1]

INGUINAL HERNIAS account for up to 75% of abdominal wall hernias. [1]

PREMATURE infants have a higher chance of developing an indirect inguinal hernia. [2]

References: